

8 FIFTEEN



Photo by: Bob Ogrudek

LACROSSE CAMPS

SESSION 1 JULY 18-21

SESSION 2 JULY 25-28

BOYS AGES 8-17

BIRMINGHAM SEATON HIGH SCHOOL

BIRMINGHAM, MICHIGAN

Eight Fifteen Lacrosse Camp

P.O. Box 220
Broomfield, CO 80038-0220



MAKING HISTORY



2005 Lacrosse Camp Registration Form (Limited Enrollment)

Session 1 - July 18-21 and Session 2 - July 25-28 For Boys ages 8-17

NAME (please print) _____ AGE (as of July 2005) _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

PHONE (____) _____ EMAIL ADDRESS _____

POSITION: ATTACK _____ MIDDLEFIELD _____ DEFENSE _____ GOALIE _____

SCHOOL _____ YEARS OF EXPERIENCE _____

DISCOUNTS: You Can Only Qualify For One Discount.

- Team Discount - take \$25.00 off for each team member or friend.
(3 or more, Registrations must be sent together)
- Family Discount - take \$25.00 off for each family member (2 or more).

PARENT'S OR GUARDIAN'S SIGNATURE _____ DATE _____

ONCE YOU HAVE SENT IN YOUR APPLICATION/DEPOSIT YOU WILL RECEIVE CONFIRMATION INCLUDING DIRECTIONS, WHAT TO BRING, MEDICAL FORM AND DETAILED CAMP DAY SIGN-IN INFORMATION.

MAKE CHECKS PAYABLE TO: EIGHT FIFTEEN LACROSSE. ENROLLMENT IS LIMITED, FIRST COME, FIRST ENROLLED

MAIL TO: EIGHT FIFTEEN LACROSSE CAMPS, P.O. BOX 220 Broomfield, CO 80038-0220 TELEPHONE: (248) 341-0693

FAX TO: (248) 341-0717

or Register online at www.ChampionLacrosse.com

DAY CAMP TUITION	\$375.00	<input type="checkbox"/>
Discount (if applicable)	\$ 25.00	<input type="checkbox"/>
TOTAL TUITION	\$ _____	<input type="checkbox"/>
ENCLOSED IS MY:		
NON-REFUNDABLE DEPOSIT of \$150.00 <input type="checkbox"/>		
Session 1 July 18-21		<input type="checkbox"/>
Session 2 July 25-28		<input type="checkbox"/>
FULL TUITION	\$ _____	<input type="checkbox"/>

A LETTER FROM MLL ALL-STAR

JEFF SONKE

The game of lacrosse has been a great ride from my early beginnings in Birmingham, Michigan to playing with the Baltimore Bayhawks and Colorado Mammoth. The intensity, passion and uniqueness of the game gets into your system and makes you want to learn more, work harder and push yourself to be the best you can be in the sport. From playing with number 8 for the University of North Carolina to number 15 for the Bayhawks and Mammoth, it's taken many years of hard work and practice to play at the highest level of lacrosse. Through those years I've learned from the best coaching staff and players the game of lacrosse has ever seen and now I would like to share that knowledge and experience with you!

I'm excited to introduce the first ever 8 Fifteen Lacrosse Camps. Our mission is to provide the most innovative lacrosse skills and drills that will encourage, support, and improve all ability levels. 8 Fifteen Lacrosse Camps utilize coaches that have the highest level of experience in the game of lacrosse. From the college field to the professional stadium... your coaches have the knowledge, insight, and experience that will help all campers reach their highest game potential. This summer, let us teach you the tricks of the trade from some of the best players in the sport.

Jeff Sonke #15



FOR MORE INFORMATION

8fifteenlacrosse@gmail.com • (248) 341-0693

STAFF BIOGRAPHIES

Jeff Sonke - Attack/ Midfield

Major League Lacrosse - Baltimore Bayhawks
2001-Present
MLL All Star 2003
National Lacrosse League - Colorado Mammoth
2004- Present
Member of 2004 Team USA for Heritage Cup

University of North Carolina
1998-2001
1998 Atlantic Coast Conference Rookie
of the Year
3x All American
2x All ACC Team

Josh Sims - Attack / Midfield

Major League Lacrosse - Baltimore Bayhawks
2001-Present
2x MLL All-Star
National Lacrosse League - Colorado Mammoth
2002-Present
Member of 2004 Team USA for Heritage Cup

Princeton University Lacrosse
1997-2000
2000: Ivy League Player of the Year
1997,1998: NCAA Division I National
Champion
1998 - 2000: 1st Team All-American, 1st Team
All Ivy League, Academic All Ivy, 2x Midfielder
of the Year

Corry Van - Defensemen

Denver University
2001-2004
2002 and 2004 Great Western Lacrosse
League First-Team honors
2004 All American

Rob Scherr - Goalie

Major League Lacrosse - Baltimore Bayhawks
2003-present

Johns Hopkins University
2000-2003
2003 NCAA All-American
2003 Team Captain
Lead the Blue Jays to the NCAA Division 1
Championship game



CAMP FEATURES

- Reversible Jersey
- Under Armour Short Sleeve shirt and Burn short
- MLL Baltimore Bayhawk T-shirt
- Free Prizes, raffles and more...



INFORMATION



Camp Tuition - \$375.00

Family Discount: \$25.00 off for each family member (2 or more)
Team Discount: \$25.00 off for each team member or friend
(3 or more registration forms must be sent together)
League Discount: \$25.00 off League and Camp when signing up for both
Champion Lacrosse League and 8Fifteen Lacrosse Camp
(Online Only at www.ChampionLacrosse.com)

Registration

Register by mail or fax (See Form) or
Online at www.ChampionLacrosse.com

Camp Location

Birmingham Seaholm High School
2436 West Lincoln Road
Birmingham, MI 48009



DAILY SCHEDULE

08:30	Check-in
09:00-10:00	Dynamic warm-up and stickwork
10:00-11:00	Individual instruction
11:00-12:00	Skills, station, position work
12:00-01:00	Lunch - bring your own lunch
01:00-02:00	Team Concepts
02:00-03:00	Scrimmage, team games

Register online at www.ChampionLacrosse.com